



Free and Low-cost Clinics

The following clinics offer services free of charge or at reduced rates for qualified people. The information in this chart is subject to change.

Clinic Name	Location	Contact	Hours
Bethany Baptist Church: Health and Wellness Clinic of the Triad Region	Winston-Salem	336-767-0760	Second Saturday every month, 8 am to Noon
Centenary UMC: Love Thy Neighbor	Winston-Salem	336-397-1337	Once per month
Community Care Center	Winston-Salem	336-723-7904	Tuesday and Wednesday, 9 am to 5 pm; Monday and Thursday, 9 am to 9 pm
Crisis Control Ministry	Winston-Salem	336-724-7875	Monday–Friday, 9 am to Noon and 1 to 4 pm; Tuesday evenings from 5 to 7 pm for clients working 20+ hours/week consistently
Davidson Medical Ministry	Lexington	336-243-7475	Monday–Thursday, 8 am to 5 pm; Friday, 8 am to 1 pm
DEAC Clinic	Winston-Salem	336-723-7904	Wednesday, 6 to 9 pm
Downtown Health Plaza	Winston-Salem	336-713-9800	Monday–Friday, 8 am to 7 pm; Saturday, 9 am to 1 pm
Forsyth County Department of Public Health	Winston-Salem	336-703-3100	Monday–Wednesday, 8:15 to 11:45 am and 12:45 to 4 pm
Grace Free Clinic	Winston-Salem	336-671-3865	Third Saturday every month, 9 am to 1 pm
Hands of Hope	Yadkinville	336-677-1444	Tuesday, 5 pm
Nia Community Action Center Incorporated	Winston-Salem	336-293-8408	Thursday, 2 to 8 pm
Novant Health Today's Woman OBGYN and Pediatrics	Winston-Salem	336-722-1818	Monday–Thursday, 8 am to Noon and 1 to 5 pm; Pediatric care, Monday–Friday, 8 am to Noon and 1 to 5 pm
Old Town Baptist Church–Old Town	Winston-Salem	336-924-1552	First and third Monday, 7 to 9 pm; closed December
United Health Centers (Southside Medical Clinic) FQHC	Winston-Salem	336-293-8728	Monday–Friday 8 am to 5 pm; Wednesday, 8 am to 7 pm, Saturday, 8 am to Noon
Stokes County Medical Ministry	Danbury	336-593-2401	Monday–Friday, 7:30 am to 4 pm
Storehouse for Jesus	Mocksville	336-753-8080	Tuesday, 8 am to Noon; Thursday, 2 to 8 pm
The Bulldog Health Center: Mineral Springs	Winston-Salem	336-703-4273	Monday–Friday, 7:30 am to 4 pm
The Shalom Project	Winston-Salem	336-721-0606	Every other Wednesday, 4 to 8 pm
Triad Free Health Clinic: Community Mosque	Winston-Salem	910-364-9865	First and third Saturday, 9 am to 1 pm
Winston-Salem Rescue Mission Clinic	Winston-Salem	336-723-1848	Monday and Thursday, 7 to 9 am
Winston-Salem Rescue Mission Clinic at Southside	Winston-Salem	336-723-1848	Tuesday and Friday, 7 to 9 am
Wake Forest Baptist Health Pediatrics–Winston East	Winston-Salem	336-713-8860	Monday–Friday, 8 am to 5 pm